

HEALTH BENEFITS

Of Home Weatherization And Energy Efficiency



The cost of weatherizing an entire house can be comparable to the cost of one hospitalization for asthma.

INDOOR ASTHMA TRIGGERS

- Mold
- Pollutants
- Particulates from stoves
- Pest allergens
- Temperature extremes
- Combustion gases from appliances



ARE ADDRESSED BY COMMON UPGRADES



- Insulation
- Ventilation
- Air Sealing
- Health and Safety Inspection

LEADING TO POSITIVE OUTCOMES

- Fewer Missed Work and School Days
- Fewer Asthma-Related Trips to the Emergency Room
- Lower Out-of-Pocket Healthcare Costs
- Reduced Asthma Symptoms



CONNECT WITH PROGRAMS IN NH

Community Action Partnership of Strafford County
577 Central Ave. Suite 10, Dover, NH 03820
P: 603-516-8130 Email: cap@straffordcap.org
Website: www.straffordcap.org

Community Action Program Belknap-Merrimack Counties, Inc.
P.O. Box 1016, 2 Industrial Park Dr. Concord, NH 03302
P: 603-225-3295 Website: www.bm-cap.org

Southwestern Community Services, Inc.
63 Community Way, Keene, NH 03431
P: 603-352-7512 Website: www.scshehelps.org

Southern New Hampshire Services, Inc.
40 Pine Street, Manchester, NH 03103
P: 603-668-8010 Website: www.snhs.org

Tri-County Community Action Program, Inc.
30 Exchange Street, Berlin, NH 03570
P: 603-752-7001 Email: admin@tccap.org
Website: www.tccap.org

NH Saves
Website: www.nhsaves.com